

# COVID-19 Vaccine:

## What TAY Need To Know



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By now, you've probably heard that the COVID-19 Vaccine is available to everyone 12 years of age or older. There is a lot of information about vaccines on the news, social media, and in your everyday conversations that can make it difficult to make a choice. We encourage you to read through our guide, do your own research, and make the best choice for you!

### What is the COVID-19 Vaccine?

- A vaccine stimulates the immune system to produce antibodies. After you get vaccinated, you have immunity to that disease.
- Vaccines prevent disease.
- The COVID-19 vaccine prevents COVID-19 and helps your body develop an immunity to COVID-19.
- There are three vaccines you can get:
  - Pfizer
  - Moderna
  - Johnson & Johnson/Janssen

### Is it safe to get the vaccine?

- All three vaccines are effective in preventing severe symptoms and death from COVID-19.
  - That means if you are vaccinated and you get COVID-19, there is a 90% chance your symptoms will not be severe and lead to death.
- If you have had an immediate or severe allergic reaction to a vaccine or to any ingredients in the vaccine consult your doctor before getting vaccinated.

### Can you still get COVID-19 if you are vaccinated?

- Yes, but your chances of getting COVID-19 are a lot lower than if you did not get vaccinated.

### Do I need to get vaccinated if I'm young and healthy?

- While having a strong immune system can help prevent the worst symptoms of COVID-19, you should still get the vaccine to lower your chances of getting it and spreading it to vulnerable people.

### If I had COVID-19, do I need to get vaccinated?

- Great question! You probably had or have antibodies for COVID-19. Although you might have increased immunity for a little while, it's difficult to determine how long it will last.
- People have gotten COVID-19 multiple times, and the vaccine can prevent getting COVID-19 again.

## Will the COVID-19 Vaccine give me COVID?

- Nope! The COVID-19 vaccine prevents COVID-19.
- However, you may experience some side effects from the vaccine that feel like cold and flu symptoms.

## What are the side effects of the COVID-19 vaccine?

- Some people don't experience any side effects, but some people do within the first 3 days.
- Common side effects
  - Pain, redness, and swelling in the arm where you received the shot
  - Tiredness
  - Headache
  - Muscle pain
  - Chills
  - Fever
  - Nausea
- Side effects should go away within a few days.

## Which vaccine should I get?

- The best vaccine to get is the one you can get now.
- However, there are a few differences between the three vaccines that you can consider when making your choice:
  - Pfizer and Moderna require two doses (usually two weeks apart)
  - Johnson & Johnson/Janssen is only one dose.
  - Pfizer is the only vaccine approved for 12-17 year olds.

## If I'm under 18 and I want to get vaccinated, what do I do?

- You need consent from your foster or relative caregiver or STRTP staff.
  - **What if they don't consent?**
    - If your foster or relative caregiver or STRTP staff does not consent, contact your CLC attorney (Call Children's Law Center at 323-980-1700).

## How much does the vaccine cost?

- Free 99! Everyone can get the vaccine at no cost!

## How do I get vaccinated?

- You can go to [vaccines.gov](https://www.vaccines.gov) or [myturn.ca.gov](https://myturn.ca.gov) to find a location.
- You can also walk in or make an appointment at your local [CVS Pharmacy](#).

CDC COVID 19 Vaccination Info <https://www.cdc.gov/vaccines/covid-19/index.html>

Comparing The Differences Between COVID 19 Vaccines <https://www.mayoclinic.org/coronavirus-covid-19/vaccine/comparing-vaccines>

COVID-19 MAP John Hopkins University <https://coronavirus.jhu.edu/map.html>

CLC LA COVID FAQ <https://www.clcal.org/wp-content/uploads/sites/80/2021/05/CLC-Vaccine-FAQ-Flyer-LA-v2.pdf>