



DMH Youth Services 101  
April 8, 2021

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Presentation Slides:

[Part 1](#): DMH: Youth Services 101

[Part 2](#): Engaging Teens in Mental Health Services: #LetsTalkAboutIt

Recording of Webinar: [Access Here](#)

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Please complete this evaluation of the webinar, and we appreciate your feedback and ideas for future topics.

- [Evaluation survey](#)

## Questions + Answers

- Will Telehealth continue after COVID?
  - DMH is committed to maintaining some percentage of telehealth even post-pandemic as it seems to improve access and provide more options, especially for those who are more isolated.
- Are there alternative mental health services available through DMH or its contractors?  
Ex: Healing arts, arts and music therapy, meditation, walk and talk modes that involve meeting in coffee shops, etc.
  - DMH encourages flexibility and meeting in coffee shops or in the home as alternatives that we endorse. Some of our providers have been trained in the Healing Arts and recognize it as a treatment intervention. Healing Arts can be incorporated into the therapeutic process and we are supportive of that. Each provider may not use those modalities however, and you would need to ask when you are seeking services.
- Is it possible for DMH to provide capacity building trainings for CBO's around Mental TeleHealth Services best practices?
  - Here is a link to PPT from our Training Division that programs are welcome to review regarding using best practices in using telehealth. Additionally there are checklists for staff to review to ensure they have recommended elements:
    - **Telemental Health Training Resources** - [Telemental Health - An Overview of Best Practices \(Video Runtime: 39:41\)](#)
      - [Provider Checklist - Videoconferencing](#)
      - [Client Checklist - Videoconferencing](#)
- Can you confirm if an all Women TAY DMH Shelter is open?
  - Yes, we have Good Seed 3 in SA 6. To refer clients please have them call our Gatekeeper line at 213-738-6194 or email their contact information to TayDivision@dmh.lacounty.gov
- How do referrals work? Are individuals fill-out a form online and then a system generated the referrals? Do you refer out to other service providers?
  - For Enhanced Emergency Shelter Program (EESP) it is best for youth to call our Gatekeeper line and leave their information. Referring parties can also email the clients contact information (with consent).
- If a TAY is receiving a General Relief welfare program, would that be considered income?
  - Yes, General Relief is considered income.
- What is the current bed capacity for the shelter program?
  - As of April 13th, 2021: DMH EESP has a total of 69 beds: 28 female and 41 male beds. The census changes throughout the day due to discharges and new admissions.
- Do you all have a youth led council for Mental health or behavioral health?

- There is a LA County Youth Commission through the Board of Supervisors. You can contact 213-300-4430 or Email YouthCommission@BOS.LACOUNTY.GOV for more information.
- Do you collect any data on how many youth are accessing the drop in centers. Any follow up data collected?
  - Most drop in centers do intakes for each client prior to receiving services, and demographic information is collected.
- Can you provide any information or data on the engagement of LGBTQIA+ TAY in these spaces?
  - Here is data re LGBTQ+ attendance in our DIC's from October 2019 – March 2020. During COVID many DICs had reduced hours and services, so this data is more representative of attendance:

Service Area	19-Oct	19-Nov	19-Dec	20-Jan	20-Feb	20-Mar
SA1	15%	33%	30%	28%	7%	23%
SA2	10%	8%	7%	31%	33%	35%
SA3	10%	5%	21%	14%	15%	43%
SA4	86%	65%	57%	53%	71%	74%
SA5	20%	10%	27%	22%	33%	20%
SA6	20%	0%	0%	14%	19%	0%
SA7	18%	10%	22%	14%	31%	0%
SA8	20%	17%	0%	10%	43%	0%

- Do you have volunteer opportunities?
  - We have Wellness Outreach Workers (WOW). WOW is a volunteer program for mental health consumers or family members of consumers receiving services from directly-operated DMH programs. anyone age 18 and above. Contact information for WOW is Kathryn L. Crain, kcrain@dmh.lacounty.gov
- Are there any sites that offer a "permanent" address?
  - Most shelters allow clients to continue to receive mail at their site even after leaving the program.
- How do we link TAY to PEI. Referral based?
  - When calling a clinic to request services, state that you are interested in PEI (Prevention & Early Intervention) mental health services. PEI is not referral-based. Once an assessment is completed the clinician will make the recommendation as to what level of care is most appropriate based upon the client's need.
- Follow-up question to the EESP eligibility - you mentioned that it's part of the contract where youth cannot have an income in order to be eligible. Is that a County policy or tied to another funding source/contract?
  - This eligibility criteria falls under the MHSA Community Services and Supports (CSS) Plan which funds the EESPs.
- Can you elaborate more about peer to peer services for youth?
  - There are several providers countywide (e.g. SPY, Alma Family Services, and MHALA) who have brought in TAY Community Ambassadors through our

Innovations program. These Ambassadors function in the role of peers with engaging and advocacy around TAY one of their primary functions.

- **Can you share the website and contact info for PSP?**
  - For general information around suicide prevention:  
info@lasuicidepreventionnetwork.org
  - Specifically for trainings you can contact FCPTrainings@dmh.lacounty.gov
- **I was told FSP does not have a housing navigator. Is this because the navigator is not through the agency providing FSP? How do we access the housing navigator through the TAY navigation team?**
  - While Housing Navigators are generally not part of an FSP team, FSP staff have housing expertise and can assist. Housing is a resource through FSP, if needed.
  - Here is the link for the housing navigators through the TAY Navigation team:  
[http://file.lacounty.gov/SDSInter/dmh/1080923\\_TAYNavigationTeamRoster.pdf](http://file.lacounty.gov/SDSInter/dmh/1080923_TAYNavigationTeamRoster.pdf)
- **Why is the wait so long to get FSP services? I Have a child that exited foster care and can not get any consistent services.**
  - If referencing TAY FSP, you can contact the TAY Countywide Authorization Unit for information around any TAY FSP referral: Karen Sidney, MA, O: 213-738-2027, C: 213-842-0274

## Additional Resources

- [Partnering with Local Mental Health Providers to Support Foster Youth in College](#): John Burton Advocates for Youth (JBAY) created a toolkit in partnership with DMH and the CA Community College Chancellor's Office on how community colleges can partner with their local mental health providers to establish co-located mental health services for foster youth and other vulnerable student populations