



It's Ok Not to Be Ok: Accessing Youth Mental Health Services in Los Angeles County
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Presentation Recording: [Here](#)

Presentation Slides: [Here](#)

Brought to you by:

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Please complete this evaluation of the webinar, and we appreciate your feedback and ideas for future topics.

- Access the Evaluation Survey [Here](#)

Resources:

- **Enhanced Emergency Shelter Program Referral:** TAYNavigation@dmh.lacounty.gov or 213.738.6194
- **TAY Gatekeeper:** TAYNavigation@dmh.lacounty.gov or 213.738.6194
- [DMH Service Locator](#)
- **Partners in Suicide Prevention:** FCPTrainings@dmh.lacounty.gov or info@lasuicidepreventionnetwork.org
- **National Suicide Prevention Lifeline:** 1-800-273-TALK (8255) English or 1-888-628-9452 Spanish, Available 24/7
- **Trevor Project Lifeline:** The Trevor Lifeline provides support to LGBTQ youth and allies in crisis or in need of a safe and judgment-free place to talk. 1-800-788-7386

- **Teen Line:** Text TEEN to 839863. Teens can get support for other teens who are trained as ‘listeners’ and can listen, understand, and answer a caller’s questions. They are not there to judge or to tell someone what to do. Teens can talk about anything from anxiety, depression, relationships, family issues, school... whatever may be causing stress or worry. Hours are 6:00p to 10:00p PST.
- **Crisis Text Line:** Text HOME to 741741
- **Los Angeles County Department of Mental Health 24/7 Access Line:** 1.800.854.7771
- [DMH Directly Operated Clinics](#)
- [TAY Drop-In Centers](#)

Upcoming Trainings:

Please join our upcoming trainings.

- June 7th 10-11:30am | [OYC/LAP3 Quarterly: Understanding Critical Race Theory and the History of Structural Racism](#)
- June 30th 10-11:30am | [Dismantling Hierarchies: Sharing Power and Authentically Centering Youth Voice](#)
- July 21st 11am-12pm | [Youth Panel: A Youth Perspective on Structural Racism](#)