



L.A. OPPORTUNITY YOUTH COLLABORATIVE

Digging Deeper: Understanding Transition Age Youth and Strategies for De-Escalation October 5, 2022

Presentation Slides: [Here](#)

Brought to you by:

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Please complete this evaluation of the webinar, and we appreciate your feedback and ideas for future topics.

- Access the Evaluation Survey [Here](#)

Questions:

Can we have information about the full day training?

- The longer training focuses on de-escalation and mental health disorders and how to de-escalate someone based on their disorders. The risk assessment trainings are 2-4 hours long and are geared toward school staff. They address how to de-escalate someone who is threatening violence in school.

Thoughts on safety planning for youth that are have been unstable/escalating?

- It is best to involve someone they trust and have rapport with, or someone they can relate to in the safety plan vs. a stranger or someone they can't relate to. Often times the familiarity and relatability can make a big difference.

How do you work with clients if there is a language or cultural barrier?

- Within DMH we utilize a translation line in instances where there is a language barrier. In addition, we also have a wide pool of clinicians who come from a multitude of different backgrounds who we are able to send into the field.

Additional Resources:

- County Access 24/7 Emergency and Non- Emergency 1-800-854-7771
- Report Child Abuse In LA County 1-800-540-4000
- National Suicide Prevention Hotline 1-800-273-TALK (8255) for English, 1-888-628-9454 for Spanish
- National Domestic Violence Hotline 1-800-799-7233 or text LOVEIS to 22522
- National Child Abuse Hotline 1-800-4ACHILD (1-800-422-4453) or TEXT 1-800-422-4453
- National Sexual Assault Hotline 1-800-656-HOPE (4673)
- The Eldercare Locator 1-800-677-1116
- Veteran’s Crisis Line 1-800-273-TAL (8255)

Upcoming Trainings

- October 11th 10am-11:30am | [Self Care for Individuals and Caregivers](#)
- October 12th 10am-11:30am | [Self Care for Individuals and Caregivers](#)
- October 18th 9am-12pm | [Suicide Prevention: The Question, Persuade, Refer Model](#)
- October 20th 10am-11:30am | [Psychological First Aid \(PFA\): Listen, Protect, Connect, Model & Teach](#)