



L.A. OPPORTUNITY  
YOUTH COLLABORATIVE

Trauma Informed Care: What It Is and How to Integrate It into Your Practice  
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Presentation Recording: [Access Here](#)

Presentation Slides: [Access Here](#)

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- Access the Evaluation Survey [Here](#)

### Questions + Answers

- Does a trauma informed approach include fostering action to address causes of trauma, political knowledge, and system knowledge in youth?

This is a very important part of thinking about a trauma informed lens. We cannot treat trauma in isolation of system factors that contribute to the creation of that trauma.

### Additional Resources

- Attend the Healing Centered Summer Training Series: [Register here.](#)
- [The National Child Traumatic Stress Network](#)
- [UCLA-Duke ASAP Center](#)
- [Four R's](#)
- [Think Trauma](#)
- [NCTSN Resource on Trauma-Informed System](#)