

It's Ok Not to Be Ok: Accessing Youth Mental Health Services in Los Angeles County November 13, 2024

Presentation Slides: Here

Brought to you by:

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Please complete this evaluation of the webinar, and we appreciate your feedback and ideas for future topics.

• Access the Evaluation Survey <u>Here</u>

Resources:

- Enhanced Emergency Shelter Program Referral: <u>TAYNavigation@dmh.lacounty.gov</u> or 213.738.6194
- TAY Gatekeeper: <u>TAYNavigation@dmh.lacounty.gov</u> or 213.738.6194
- Partners in Suicide Prevention: <u>FCPTrainings@dmh.lacounty.gov</u> or <u>info@lasuicidepreventionnetwork.org</u>
- 988 Suicide and Crisis Lifeline. Call or text 988, available 24/7, 365 days a year
- Crisis Text Line Text LA to 741741, available 24/7
- LAUSD Student and Family Wellness Hotline 213-241-3840 Mon-Fri 8am-5pm
- Teen Line: Text TEEN to 839863 (calls from 6pm-10pm PST, chat, email and text 6-9p) and 1-800-852-8336 (6pm-10pm PST)
- Trevor Project (24/7) 1-866-488-7386
- Trans Lifeline 1-877-565-8860 Available 7am-1am

- Crisis Text Line: Text HOME to 741741
- Los Angeles County Department of Mental Health 24/7 Access Line: 1.800.854.7771
- <u>Service Area Leadership Teams (SALT) Department of Mental Health</u>
- <u>Provider Directory Department of Mental Health</u>
- Enhanced Emergency Shelter Program (EESP) for Transition Age Youth
- <u>TAY Drop-In Centers in Los Angeles County</u>
- Department of Mental Health School Bases Community Resources
- Los Angeles Department of Mental Health Suicide Prevention Resources
- <u>Teen Talk Teens supporting teens</u>
- Teen Line | Teens Support hotline Connect, talk, get help!
- You Are Never A Bother!

Additional Trainings:

<u>OYC Learning Lab</u>: This dedicated space houses a comprehensive collection of past capacitybuilding trainings and webinars, designed to strengthen the skills and knowledge of those working to support Opportunity Youth. From best practices in youth engagement to workforce development strategies, these resources are available to all community partners seeking to enhance their impact. We encourage you to take advantage of these valuable tools for advancing collaborative efforts in our community.