

LAP3/OYC TRAINING

CONNECTING THROUGH CRISIS: TAY DE-ESCALATION BEST PRACTICES

Providers often find themselves face-to-face with clients who become overwhelmed, agitated, or escalated — and knowing how to respond can make all the difference. This training offers a practical, accessible introduction to understanding how symptoms of various mental health disorders may contribute to emotional outbursts, impulsive reactions, or aggressive behavior. Participants will explore what factors increase the likelihood of escalation and learn de-escalation strategies that promote safety, rapport, and calm. The session emphasizes real-world application, helping providers strengthen their confidence and skill in navigating challenging interactions while maintaining professionalism and compassion.

REGISTER HERE



SEPTEMBER 2ND, 2026
9:30 AM TO 12:00 PM

GOODWILL
342 N. SAN FERNANDO ROAD
LOS ANGELES, CA 90031

OUR PRESENTER



Dr. Nicolas Beliz is a licensed clinical supervisor at the Department of Mental Health School Threat Assessment Response Team. He currently works on the LA County Psychiatric Mobile Response Team as well as provides psychological first aid during natural disasters and local tragedies in LA County.

